



CHINA 2010

Gold residential & expedition outline

Compiled August 2009

Click here for our website roughedgeadventure.com or phone us 01874 624808



RESIDENTIAL WEEK

Day Count	Planned Activities	Participants/Staff	Location	Objectives
One/Friday	Group signs in at airport to fly to Dali	All UK yp/3instructors	UK Airport	Sign in/travel
Two/Saturday	Evening arrival/transport to accommodation	All UK yp/3instructors	Dali Yunnan	Arrive/settle in
Three/Sunday	Chinese yp join group/icebreaker activities	All yp/3instructors	Dali	Group dynamic
Four/Monday Four/evening	Climate Change programme begins Group activities focus on cultural exchange	Groups mixed/3inst Grps mixed3instr	Dali & around At accomm	CC fieldwork Cultural learnin
Five /Tuesday Five/evening	CC programme continues as above Group activities as above			
Six/Wednesday Six/evening	CC programme continues as above Group activities as above			
Seven/Thursday Seven/evening	CC programme continues as above Cultural celebration and entertainment	Grps mixed/3instr	At accomm	expressions of cultural learning
Eight/Friday	CC programme concludes Chinese yp depart			
Eight/evening	Cookery contest/shakedown evening	Grps mixed/3instr	At accomm	entertain and feed the group. Mark the clos

RESIDENTIAL WEEK CLOSSES: SIGN OFF LOGBOOKS/eDofE/SIGN OFF FORMS.

EXPEDITION WEEK

Day Count	Planned Activities	Participants/Staff	Location	Objectives
Nine/Saturday	Expedition planning including:	Teams (7) / 3 instr	Accomm/around	Prepare
Nine/evening	Special briefing on AMS Review of navigation from foreign maps Cooking with rice/simple chinese	All/3instr	Accomm	Prepare
Ten/Sunday	Kit review, detailed planning, google earth, basic first aid maps, crib cards, simple chinese, Emergency procedures, use of GPS, How to use c/points	Teams(7) / 3 instr	Accomm & around	Prepare.
Ten/evening	Last minute questions/meet a local mountaineer. Meet the support crew and ask anything as final prep before early bed.	All/3instr	Accomm	Final Prep
Eleven/Monday	Teams depart on exped. with remote s'vision	Teams (7) / 3 instr	Erhai Lake	Exped
Twelve/Tuesday	Exped continues with remote s'vision			
Thirteen/Weds	Exped continues with remote s'vision			
Fourteen/Thurs	Exped concludes with remote s'vision Teams reunited at Accomm:	Teams (7) / 3 instr All / 3 instr.	Around Dali Accomm	End Exped REST!
Fourteen/evening	Teams present presentation to group	Teams(7)/3 instr	Accomm	Finalise Exped
Fifteen/Friday	Pack for return trip to UK	All	Travel	Come home
Sixteen/Sat	Arrive back in UK and sign over	UK yp/3 instr	UK Airport	Sign over.

CHINA DofE GOLD DETAIL

General

Undertaking DofE Gold residential and expedition in China will appeal to those young people who truly have a spirit of adventure to learn about the world beyond the UK. They will be motivated by knowledge of the environment and be active ambassadors for climate change. Ideally they will register with the British Council's International Climate Champion scheme, which will also enhance their credentials on their resumé or CV. They will be self sufficient individuals in either groups or as open candidates, who will be as excited about the research, learning and planning they can do before they go to China as they will be by the trip itself. Rough Edge with its expert partners will ensure a full and busy schedule from beginning to end. The opportunities for learning beyond the climate change focus of the residential are extensive: cultural, linguistic, botanical, culinary, navigational, historical, artistic. These trips take part in one of the most awesome provinces in the whole of China, high above sea level, surrounded by magnificent mountain scenery and immersed in one of the world's top three most bio-diverse regions.

Training

Because the nature of the maps available differs from our OS maps in the UK, young people wishing to register for Rough Edge China 2010 will ideally have trained on one of our specific practice expedition weeks. These will be specifically designed to give an insight into the navigational challenges that will be faced on the expedition in week two. If you have not completed the Rough Edge UK training for China 2010 you will be REQUIRED to complete one of our familiarisation weekends to gain the necessary training before departing for China.

Preparation

Where possible, a Rough Edge instructor will visit a group that has enrolled in China 2010 some time between October '09 and March '10. The specific purpose of this visit will be to get to know members of the group and learn more about how the training module can be made to be of best benefit all round. Where open candidates have registered, Rough Edge will endeavour always to combine such candidates into a group meeting as near as possible to their home. From this meeting onwards participants' preparations can begin and Rough Edge will give detailed guidance on the best web-based resources and printed reading materials that will help prepare participants for the trip.

Instructors

All instructors working for Rough Edge are qualified to the level required by the DofE award and beyond. China trips will always have at least one International Mountain Leader who will head up the instructors. In addition there will be a support crew provided by qualified Chinese mountaineers, who will have advised on route choice and will be present during the residential and expedition phases to offer help and support to the party. The ratio of students to Instructors will be no more than 7:1

The Residential

Doing the residential phase of DofE Gold in China not only covers all the prerequisites laid out in the Gold Award but also has the following benefits: Young people will get the chance to interact directly with their Chinese counterparts on some of the residential assessment trips. This will allow for a freeflow of ideas and make for some fun and interesting evening cooking, music, art and language activities. In addition, because Rough Edge is working together with the British Council in China, young people will be granted access to environmental climate change projects and experts and locations that are not usually available to public view. This residential creates a unique opportunity to take part in the China of today and learn an enormous amount about upland China and the projects, measures and schemes in place to enhance and protect that environment. There will be opportunities for young people to create learning modules that can be presented back in the UK and submitted to the Royal Geographical Society, should people wish.

In essence, young people will spend their days learning and actively participating in environmental and climate change projects and they will spend their evenings actively participating and learning via a true cultural experience. We confidently expect young people to return from China 2010 with enhanced culinary skills too!

The Expedition

The DofE Gold China expedition will be undertaken in week two. During the middle weekend, there will be an intensive extra course of training and preparation (this training will not replace the training in the UK in preparation for this trip and it is still advised that, where possible, young people wishing to participate undertake a Rough Edge China-specific UK practice expedition week). (NOTE - as a MINIMUM REQUIREMENT, where the Rough Edge China-specific training/practice expedition week has NOT been undertaken you will be REQUIRED to enrol in one of our familiarisation weekends before you can gain sign off to travel to China) There will be specific emergency procedure training. Teams will receive refresher training on the use of GPS as a back-up to their ordinary navigation. There will be intensive route planning and the back-up crew of Chinese mountaineers will be available to

answer any last minute questions. Specific briefings will be given on Acute Mountain Sickness and the measures that need to be taken to alleviate it.

Once the groups are out on their expeditions, the instructors, shadowed by the Chinese back-up crew, will remotely supervise the groups. Route choices will have been scrutinised to ensure that each group on each route can be seen an appropriate number of times on each day by their supervising Instructor. Teams will have emergency mobile phones, crib cards for communicating in Chinese, British Council official passes in case they encounter any authorities (the British Council is a part of the British Embassy, but in China also has articles with the Department of Science). The groups' routes will take them through checkpoints where the Instructors can monitor their progress and ensure that the group is safe and well. All back up will be in place for both the teams and the instructors allowing the quickest possible help and resolution to any possible emergency that may arise. It is critical to stress that these expeditions will have been meticulously planned and that the route choices will have been carefully scrutinised and approved before the teams set off. No route will be approved that takes a group into dangerous altitude or onto inappropriate terrain. A Home Contact system is in place at all times so Instructors and the UK are in daily communication.

Package and Prices

On the ground price China Residential & Expedition - 2 weeks		£1350
China-specific UK Training & Practice Expedition	1 week	£250
Package of specific UK Training & China trip		£1,500 (Saving £100)
Familiarisation weekend (a MUST if you miss China-specific training)	2 days	£150

Operating Procedures

All operating procedures of Rough Edge are in line with UK best practice and Rough Edge upholds and supports the Expedition Providers Association guide for the Provision of Overseas Expeditions for Young Persons. Rough Edge operating procedures and policies are approved by the DofE Award (a prerequisite of our status as an Approved Activity Provider). Rough Edge understands and supports BS8848 and it's procedures are in line with this standard. Copies of all operating procedures and policies are available on our website www.roughedgeadventure.com or by post on request.

Principles

Rough Edge exists to provide awesome adventure opportunities for people in unexpected and exciting places. Rough Edge believes in making all people who participate in one of our adventures into a Rough Edge member, providing the opportunity to share with other like minded people, new ideas, great adventures, tips or just friendship through shared experience. So when you have finished this Rouge Edge adventure you'll get the Rough Edge T shirt and be part of a whole group of other people, similar to you, who are motivated and enthusiastic about the outdoors.

Rough Edge Affiliations

Rough Edge is affiliated with: Royal Geographical Society, The National Mountain Centre - Plas y Brenin, The British Council and The Duke of Edinburgh's Award. Rough Edge holds an AALA Licence.

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